

List of treatments “à la carte”
Thalassotherapy & SPA Center

Le Thermal

Thalassotherapy treatments

Hydromassage bath

- Hydromassage bath with essential oils min. 20 € 46
- Hydromassage bath “Cleopatra” with precious milk min. 20 € 46
- Hydromassage bath “Polynesia” - Lagoons Water min. 20 € 48

Thalasso showers

- Jet shower min. 15 € 45
- Affusion shower min. 15 € 40
- Massage under affusion min. 25 € 60
- Scrub and massage under affusion min. 40 € 90

Body wraps

- Micronized seaweed detoxifying wrap min. 20 € 55
- Sea mud of Dead Sea remineralising wrap min. 20 € 70
- Seaweed gel body wrap and haemolympatic massage min. 55 € 95

Scrubs

- Scrub “Indocéane” – sweet /salty (brown sugar, salt and Mediterranean essential oils) Relaxing, purifying and nourishing min. 20 € 55
- Scrub “Polynesia” min. 20 € 55
coconut shells, white sand of Bora Bora, Tahitian vanilla and sea salt
- Oriental scrub with black soap min. 20 € 55
- Scrub “Loofah Earth” min. 20 € 55
- Honey and almond scrub “Fondant” min. 20 € 55
- Treatment “Prelude Marin”: body scrub min. 50 € 90
with sea salt and sea mud (Relaxing and skin beauty)

Body treatments

- Thalgoslim session min. 25 € 85
(slimming, light legs)
- Pressotherapy min. 20 € 50
- Pressotherapy with Gel Mineralg (venous - lymphatic drainage effect) min. 40 € 70
- Smoothing and hydrating body wrap (calming, after a sun bath) min. 20 € 65
- “Frigithalgo” local body wrap (anti-cellulite and circulation activator) min. 40 € 60
- Body wrap “Aromacéane” with sea mud of Dead Sea and essential oils min. 50 € 100
(slimming and detoxifying)
- “Perfect Sculpt” (slimming, toning and refining) min. 50 € 100
- “Fondant moment” (slimming, modeling and anti-cellulite) min. 80 € 130

Face treatments

Purifying

- “Rituel de Pureté” (total purifying face treatment) min. 55 € 85

Hydrate and Treat

- “Aquarelle” – energizing and rebalancing min. 55 € 85
- “Source Marine” – hydrating and rejuvenating min. 55 € 95
- “Cold Marin” - soothing and nourishing min. 55 € 95
- “Terre & Mer” Bio sensitive skin or anti-aging min. 70 € 110

Lifting and anti-age

- Special “eye contour” treatment – anti age min. 40 € 70
- “Collagen mask” - first wrinkles min. 55 € 95
- Face Treatment “Marine silicone and hyaluronic acid” anti-aging and lifting min. 70 € 120
- “Exception” – anti age min. 85 € 150

- “Prodige des Océans” inexhaustible source of youth min. 85 € 160

From the marine intelligence, a longevity concentrate. A passe-partout treatment with an extraordinary cellular regeneration power. For all skin types and ages. ANTI-WRINKLES, FIRMING, MOISTURIZING AND REVITALIZING

- “Fresh Caviar®” The excellence of beauty min. 70 € 150

Intense regeneration High Tech Treatment that maximises the virtues of fresh caviar cells to counteract skin aging by stimulating in-depth cell metabolism and to provide the nutrients your skin needs to be young. HYDRATION, NUTRITION, LIFTING

- Intraceuticals Oxygen Infusion ® min. 50 € 220

The highly concentrated oxygen activates the osmotic absorption to deliver the serum’s active ingredients (hyaluronic acid, vitamins and antioxidants) into the deepest layers of your skin to moisturize and nourish, encourage collagen production, reduce the appearance of wrinkles and restore your skin’s elasticity.

Optional serums:

- “Rejuvenate” - Immediate lifting, toning and moisturizing effect
- “Atoxylene” - Skin smoothing and wrinkle reducing

Special for men

- “Océan Men” moisturizing and regenerating facial care with vital blue seaweed min. 55 € 95

Massages

- Face massage min. 25 € 60
- Decontracting back massage min. 25 € 60
- Draining legs massage min. 25 € 60

• Anticellulite massage	min. 25	€ 60
• Reflexology foot massage	min. 25	€ 60
• Relaxing massage with essential oils from Sardinia	min. 50	€ 95
• Californian massage	min. 50	€ 95
• Sport massage	min. 50	€ 100
• Shiatsu massage	min. 50	€ 100
• Thai massage	min. 50	€ 100
• Hot stone massage	min. 50	€ 100
• Ayurvedic massage	min. 50	€ 100
• Polynesian Massage “Mahana” with hot sandbags	min. 50	€ 100
• Sea Breeze Massage - open air	min. 50	€ 110

Beauty and Wellness Rituals

Happiness for two in Sardinia (price per person)	min. 90	€ 150
Scrub with Sardinian salt, plants and essences, relaxing Californian “Duo” massage		
Ritual from “Maghreb”	min. 120	€ 180
Scrub with black soap, body wrap with rassoul and oriental massage with traditional oil		
“Polynesian” Ritual	min. 120	€ 180
Scrub Taha’a Island, hydromassage bath of “Lagoon Waters” and massage “Mahana” with hot sandbags		
“Original Journey”	min. 120	€ 180
Relaxing, nourishing, firming and rejuvenating (“Honey and almonds” body scrub, relaxing and rejuvenating massage, body mask with precious elements).		
“Indocéane” Ritual	min. 150	€ 210
A pleasant sea journey to discover the oriental fragrances and the marine treasures (sweet & salty scrub, Cleopatra’s milk bath, indian massage with warm oil, moisturizing body wrap)		

Sardinian Signature

• Hydromassage bath with Sea salt and BIO myrtle gel	min. 20	€ 48
• Scrub with Sardinian salt, plants and essences	min. 20	€ 55
• Scrub with powdered kernels of olives and essential oils of Sardinia	min. 20	€ 55
• Facial treatment “Elixir of Youth” with Cannonau grapes - anti-aging	min. 55	€ 95
• Ritual “Scents of Gallura” BIO	min. 90	€ 140
Aromatic scrub with flowers of salt and Sardinian massage with oil from Mediterranean plants		

Beauty services

Hand and foot beauty

- Manicure € 40
- French Manicure € 45
- SPA Manicure € 70
- French SPA Manicure € 75
- Pedicure € 45
- French Pedicure € 50
- SPA Pedicure € 80
- French SPA Pedicure € 85
- Nail varnish € 20

Long-lasting polish

- Shellac manicure € 80
- Removal € 30

Waxing

- Full Legs € 55
- Eyebrows € 25
- Upper Lip € 25
- Chin € 25
- Armpits € 25
- Forearms € 25
- Bikini € 25
- Half Legs € 40
- Total Bikini € 40
- Full arms € 40
- Back € 40
- Chest € 40

Training & Olistic

- Private lesson with a personal trainer min. 50 € 80
- Parcours of “harmony energizing” private class min. 50 € 100



Thalassotherapy & SPA Center Le Thermae

tel. +39 0789 750048 - fax +39 0789 758135 - dial from your room 710

e-mail: thalassospa.ericadelphina.it

If you book "a la carte" treatments with the stay, you'll get 10% discount on the treatment price

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Rates (inclusive of VAT) subject to change by Delphina Management
No children under 14 years are allowed. Children over 14 years must be attended by an adult or have a written authorization.