

List of treatments “à la carte”
Thalassotherapy & SPA Center

Le Thermal

Thalassotherapy treatments

Hydromassage bath

- Hydromassage bath with essential oils min. 20 € 46
- Hydromassage bath “Cleopatra” with precious milk min. 20 € 46
- Hydromassage bath “Polynesia” - Lagoons Water min. 20 € 48

Thalasso showers

- Jet shower min. 15 € 45
- Affusion shower min. 15 € 40
- Massage under affusion min. 25 € 60
- Scrub and massage under affusion min. 40 € 90

Body wraps

- Micronized seaweed detoxifying wrap min. 20 € 55
- Sea mud of Dead Sea remineralising wrap min. 20 € 70

Scrubs

- Scrub “Indocéane” – sweet /salty (brown sugar, salt and Mediterranean essential oils) Relaxing, purifying and nourishing min. 20 € 55
- Scrub “Polynesia” min. 20 € 55
coconut shells, white sand of Bora Bora, Tahitian vanilla and sea salt
- Oriental scrub with black soap min. 20 € 55
- Honey and almond scrub “Fondant” min. 20 € 55
- Thai “Purée de Papaye” Scrub min. 20 € 55
- Treatment “Prelude Marin”: body scrub min. 50 € 90
with sea salt and sea mud (Relaxing and skin beauty)

Body treatments

- Thalgoslim session min. 25 € 85
(slimming, light legs)
- Pressotherapy min. 20 € 50
- Pressotherapy with Gel Mineralg (venous - lymphatic drainage effect) min. 40 € 70
- Smoothing and hydrating body wrap (calming, after a sun bath) min. 20 € 65
- “Frigithalgo” local body wrap (anti-cellulite and circulation activator) min. 40 € 75
- Body wrap “Aromacéane” with sea mud of Dead Sea and essential oils min. 50 € 100
(slimming and detoxifying)
- “Perfect Sculpt” (slimming, toning and refining) min. 50 € 100

Face treatments

Purifying

- “Rituel de Pureté” (total purifying face treatment) min. 55 € 85

Hydrate and Treat

- “Aquarelle” – energizing and rebalancing min. 55 € 85
- “Source Marine” – hydrating and rejuvenating min. 55 € 95
- “Cold Marin” - soothing and nourishing min. 55 € 95

Lifting and anti-age

- Special “eye contour” treatment – anti age min. 40 € 70
- “Collagen mask” - first wrinkles min. 55 € 95
- Face Treatment “Marine silicone and hyaluronic acid” anti-aging and lifting min. 70 € 120
- “Exception” – anti age min. 85 € 150

Intraceuticals Oxygen Infusion ®

min. 50 € 220

The highly concentrated oxygen activates the osmotic absorption to deliver the serum’s active ingredients (hyaluronic acid, vitamins and antioxidants) into the deepest layers of your skin to moisturize and nourish, encourage collagen production, reduce the appearance of wrinkles and restore your skin’s elasticity.

Optional serums:

- “Rejuvenate” - Immediate lifting, toning and moisturizing effect
- “Atoxylene” - Skin smoothing and wrinkle reducing

Special for men

- “Océan Men” moisturizing and regenerating facial care with vital blue seaweed min. 55 € 95

Massages

- Face massage min. 25 € 60
- Decontracting back massage min. 25 € 60
- Draining legs massage min. 25 € 60
- Anticellulite massage min. 25 € 60
- Reflexology foot massage min. 25 € 60
- Relaxing massage with essential oils from Sardinia min. 50 € 95
- Californian massage min. 50 € 95
- Balinese massage min. 50 € 100
- Sport massage min. 50 € 100
- Shiatsu massage min. 50 € 100
- Thai massage min. 50 € 100
- Hot stone massage min. 50 € 100
- Ayurvedic massage min. 50 € 100

- Polynesian Massage “Mahana” with hot sandbags min. 50 € 100
- Sea Breeze Massage - open air min. 50 € 110

Beauty and Wellness Face Rituals

Ritual “aux Cinq Fleurs” min. 55 € 95

combines the power of five tropical flowers (Gardenia, Hibiscus, Frangipane, Ylang-Ylang and Lotus). This ritual stimulates acupressure points to purify and give a brightening and gentle lifting effect.

Ritual “Ko Bi Do” Anti Age min. 55 € 100

Thanks to Japanese Ko Bi Do techniques, this ritual reduces the appearance of wrinkles by targeting the sensitive area around the eyes, décolleté and arms. A rich mask with peral, opal, turquoise and diamond powder brightens and tones the skin.

“Prodige des Océans” inexhaustible source of youth min. 85 € 160

From the marine intelligence, a longevity concentrate. A passe-partout treatment with an extraordinary cellular regeneration power. For all skin types and ages. ANTI-WRINKLES, FIRMING, MOISTURIZING AND REVITALIZING

Beauty and Wellness Body Rituals

Happiness for two in Sardinia (price per person) min. 90 € 150

Scrub with Sardinian salt, plants and essences, relaxing Californian “Duo” massage

Brasilian Ritual “Crème de Café” min. 55 € 100

Scrub with black soap, body wrap with rassoul and oriental massage with traditional oil

Ritual from “Siam” min. 90 € 150

Thai “Purée de Papaye” Scrub and Balinese massage with a balm of tropical nuts

Ritual from “Maghreb” min. 120 € 180

Scrub with black soap, body wrap with rassoul and oriental massage with traditional oil

“Polynesian” Ritual min. 120 € 180

Scrub Taha’a Island, hydromassage bath of “Lagoon Waters” and massage “Mahana” with hot sandbags

“Original Journey” min. 120 € 180

Relaxing, nourishing, firming and rejuvenating (precious elements scrub, relaxing and rejuvenating massage, honey and almond body mask).

“Indocéane” Ritual

min. 150 € 210

A pleasant sea journey to discover the oriental fragrances and the marine treasures (sweet & salty scrub, Cleopatra’s milk bath, indian massage with warm oil, moisturizing body wrap)

Sardinian Signature

- Hydromassage bath with Sea salt and BIO myrtle gel min. 20 € 48
 - Scrub with Sardinian salt, plants and essences min. 20 € 55
 - Scrub with powdered kernels of olives and essential oils of Sardinia min. 20 € 55
 - Facial treatment “Elixir of Youth” with Cannonau grapes - anti-aging min. 55 € 95
 - Ritual “Scents of Gallura” BIO min. 90 € 140
- Aromatic scrub with flowers of salt and Sardinian massage with oil from Mediterranean plants

Beauty services

Hand and foot beauty

- Manicure € 40
- French Manicure € 45
- SPA Manicure € 70
- French SPA Manicure € 75
- Pedicure € 45
- French Pedicure € 50
- SPA Pedicure € 80
- French SPA Pedicure € 85
- Nail varnish € 20

Long-lasting polish

- Shellac manicure € 80
- Removal € 30

Waxing

- Full Legs € 55
- Eyebrows € 25
- Upper Lip € 25
- Chin € 25
- Armpits € 25
- Forearms € 25
- Bikini € 25
- Half Legs € 40
- Total Bikini € 40
- Full arms € 40
- Back € 40
- Chest € 40

Training & Olistic

- Private lesson with a personal trainer min. 50 € 80
- Parcours of “harmony energizing” private class min. 50 € 100



Thalassotherapy & SPA Center Le Thermae

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If you book "a la carte" treatments with the stay, you'll get 10% discount on the treatment price

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Rates (inclusive of VAT) subject to change by Delphina Management
No children under 14 years are allowed. Children over 14 years must be attended by an adult or have a written authorization.