

List of treatments “à la carte”  
Thalassotherapy & SPA Center

*Le Thermal*

## Thalassotherapy treatments

### Hydromassage bath

- Hydromassage bath Aromacéane Silhouetteoils min. 20 € 46
- Hydromassage bath Aromacéane Relaxing min. 20 € 46
- Hydromassage bath “Cleopatra” with precious milk min. 20 € 46

### Thalasso showers

- Jet shower min. 15 € 45
- Affusion shower min. 15 € 40
- Massage under affusion min. 25 € 60
- Scrub and massage under affusion min. 40 € 90

### Body wraps

- Micronized seaweed detoxifying wrap min. 20 € 55
- Sea mud of Dead Sea remineralising wrap min. 20 € 70

## Scrubs

- Scrub “Indocéane” – sweet /salty (brown sugar, salt and Mediterranean essential oils) Relaxing, purifying and nourishing min. 20 € 55
- Scrub “Polynesia” min. 20 € 55  
coconut shells, white sand of Bora Bora, Tahitian vanilla and sea salt
- Oriental scrub with black soap min. 20 € 55
- Thai “Purée de Papaye” Scrub min. 20 € 55
- Aromatic Body Scrub with Spices min. 20 € 55
- Treatment “Prelude Marin”: body scrub min. 50 € 90  
with sea salt and sea mud (Relaxing and skin beauty)

## Body treatments

- Thalgoslim session min. 25 € 85  
(slimming, light legs)
- Pressotherapy min. 20 € 50
- Pressotherapy with Gel Mineralg (venous - lymphatic drainage effect) min. 40 € 70
- Smoothing and hydrating body wrap (calming, after a sun bath) min. 20 € 65
- “Frigithalgo” local body wrap (anti-cellulite and circulation activator) min. 40 € 75
- Body wrap “Aromacéane” with sea mud of Dead Sea and essential oils min. 50 € 100  
(slimming and detoxifying)
- “Perfect Sculpt” (slimming, toning and refining) min. 50 € 100

## Face treatments

### Purifying

- “Rituel de Pureté” (total purifying face treatment) min. 55 € 85

### Hydrate and Treat

- “Aquarelle” – energizing and rebalancing min. 55 € 85
- “Source Marine” – hydrating and rejuvenating min. 55 € 95
- “Cold Marin” - soothing and nourishing min. 55 € 95

### Lifting and anti-age

- Special “eye contour” treatment – anti age min. 40 € 70
- “Collagen mask” - first wrinkles min. 55 € 95
- Face Treatment “Marine silicone and hyaluronic acid” anti-aging and lifting min. 70 € 120
- “Exception” – anti age min. 85 € 150

### Intraceuticals Oxygen Infusion ®

min. 50 € 220

The highly concentrated oxygen activates the osmotic absorption to deliver the serum’s active ingredients (hyaluronic acid, vitamins and antioxidants) into the deepest layers of your skin to moisturize and nourish, encourage collagen production, reduce the appearance of wrinkles and restore your skin’s elasticity.

Optional serums:

- “Rejuvenate” - Immediate lifting, toning and moisturizing effect
- “Atoxylene” - Skin smoothing and wrinkle reducing

### Special for men

- “Océan Men” moisturizing and regenerating facial care with vital blue seaweed min. 55 € 95

## Massages

- Decontracting back massage min. 25 € 60
- Draining legs massage min. 25 € 60
- Anticellulite massage min. 25 € 60
- Reflexology foot massage min. 25 € 60
- Relaxing massage with essential oils from Sardinia min. 50 € 95
- Californian massage min. 50 € 95
- Balinese massage min. 50 € 100
- Sport massage min. 50 € 100
- Shiatsu massage min. 50 € 100
- Thai massage min. 50 € 100
- Hot stone massage min. 50 € 100
- Ayurvedic massage min. 50 € 100
- Polynesian Massage “Mahana” with hot sandbags min. 50 € 100

- Sea Breeze Massage - open air

min. 50 € 110

## Beauty and Wellness Face Rituals

### Ritual “aux Cinq Fleurs”

min. 55 € 90

combines the power of five tropical flowers (Gardenia, Hibiscus, Frangipane, Ylang-Ylang and Lotus). This ritual stimulates acupuncture points to purify and give a brightening and gentle lifting effect.

### Ritual “Ko Bi Do” Anti Age

min. 55 € 100  
min. 80 € 140

Thanks to Japanese Ko Bi Do techniques, this ritual reduces the appearance of wrinkles by targeting the sensitive area around the eyes, décolleté and arms. A rich mask with pearl, opal, turquoise and diamond powder brightens and tones the skin.

### “Prodige des Océans” inexhaustible source of youth

min. 85 € 160

From the marine intelligence, a longevity concentrate. A passe-partout treatment with an extraordinary cellular regeneration power. For all skin types and ages. ANTI-WRINKLES, FIRMING, MOISTURIZING AND REVITALIZING

## Beauty and Wellness Body Rituals

### Happiness for two in Sardinia (price per person)

min. 90 € 150

Scrub with Sardinian salt, plants and essences, relaxing Californian “Duo” massage

### Brasilian Ritual “Crème de Café”

min. 55 € 100

Scrub with black soap, body wrap with rassoul and oriental massage with traditional oil

### Ayurvedic Ritual

min. 90 € 150

Aromatic body scrub with spices, energizing and tonifying Ayurvedic massage

### Ritual from “Siam”

min. 90 € 150

Thai “Purée de Papaye” Scrub and Balinese massage with a balm of tropical nuts

### Ritual from “Maghreb”

min. 120 € 180

Scrub with black soap, body wrap with rassoul and oriental massage with traditional oil

### “Polynesian” Ritual

min. 120 € 180

Scrub Taha’a Island, hydromassage bath of “Lagoon Waters” and massage “Mahana” with hot sandbags

## “Indocéane” Ritual

min. 150 € 210

A pleasant sea journey to discover the oriental fragrances and the marine treasures (sweet & salty scrub, Cleopatra’s milk bath, indian massage with warm oil, moisturizing body wrap)

## Sardinian Signature

- Hydromassage bath with Sea salt and BIO myrtle gel min. 20 € 48
  - Scrub with Sardinian salt, plants and essences min. 20 € 55
  - Facial treatment “Elixir of Youth” with Cannonau grapes - anti-aging min. 55 € 95
  - Ritual “Scents of Gallura” BIO min. 90 € 140
- Aromatic scrub with flowers of salt and Sardinian massage with oil from Mediterranean plants

## Beauty services

### Hand and foot beauty

- Manicure € 40
- SPA Manicure € 70
- Pedicure € 45
- SPA Pedicure € 80
- Nail varnish € 20
- Shellac manicure € 80
- Shellac pedicure € 95
- Long-lasting poliish removal € 30

### Waxing

- Full Legs € 55
- Eyebrows (or Upper Lip, or Chin) € 25
- Armpits (or Forearms) € 25
- Bikini € 25
- Total Bikini (or Half Legs, or Full Arms) € 40
- Back (or Chest) € 40

## Wellness for body and mind

Private lesson with a personal trainer min. 50 € 90

### Yoga Lesson

- individual min. 50 € 90
- couples min. 50 € 130
- group (min. 4 persons) min. 50 € 50  
(price per person)

### Pilates Lesson

- individual min. 50 € 90
- couples min. 50 € 130
- group (min. 4 persons) min. 50 € 50  
(price per person)



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If you book "a la carte" treatments with the stay, you'll get 10% discount on the treatment price

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Rates (inclusive of VAT) subject to change by Delphina Management  
No children under 14 years are allowed. Children over 14 years must be attended by an adult or have a written authorization.